

Holy Rosary Canteen's Summer Menu

2018

Products can change their ingredients without notice – to avoid this affecting your child please place any dietary requirements on lunch bag in BOLD RED PEN

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The canteen is very happy to be flexible with dietary needs.

Celiac Safe Food

Products with preservatives and colouring that should be avoided

Morning Recess

| | | | | | |
|---------------------|------|----------------|------|---------------------------|------|
| Honey Joys | .40 | Cheesies | 1.20 | Pumpkin Scones | 1.00 |
| Pikelets | .50 | Nachos | 2.40 | Mini Ham + Cheese Muffins | .50 |
| Muffins (Home Made) | 1.50 | Goujons | .50 | Ham Pizza | 1.20 |
| Brownes Yoghurt | 2.00 | Fruit | .90 | Apple Slinky | 1.10 |
| Rice Bubble Slice | 1.00 | Swirls | 1.00 | Anzac Biscuits | |

Lunch

| Salads | Sandwiches | Toasted sandwiches |
|--------------------------------------|--|-----------------------------|
| Salad | <i>Wholemeal or no butter on request</i> | <i>Wholemeal on request</i> |
| Salad with Tuna | Salad | Cheese |
| Salad with Goujons | Salad and Tuna | Cheese and Tomato |
| Salad with Ham | Salad and Eggs (Free Range) | Bake Beans (Homemade) |
| Salad with Chicken | Salad and Cheese | Ham |
| Salad with Fish | Salad and Chicken | Egg (Free Range) |
| Fruit Salad | Salad and Ham | Chicken |
| Fruit Salad and Ice Cream | <i>Without Salad</i> | Chicken and Cheese |
| Fruit Salad and Yoghurt | Vegemite | Cheese and Ham |
| | Cheese | Tuna and Cheese |
| Hot Food Available Daily | Cheese extra | Cheese, Ham and Tomato |
| Macaroni Cheese | Beetroot extra | Cheese or Mayonnaise extra |
| Bolognaise Twirls | Rolls extra | |
| Ravioli | Pita Bread extra | |
| Lasagne | Gluten Free Bread extra | |
| Baked Potato Any Filling | Boiled Eggs | |
| Sauces (Chilli/ Yoghurt/ Sour Cream) | | |
| Salad extra | | |

Meal Deals

| Monday | Wednesday | Friday |
|--|---|-------------------------------------|
| Teriyaki Chicken Meal with Rice | Large Hamburger & Salad | Pizza: |
| Sushi: Vegetarian/Chicken/Tuna x4 | Rice Paper Rolls: | Vegetarian |
| x6 | Chicken & salad/Tuna & Salad/ Vegetarian | Bacon Blitz |
| Homemade Mini Quiche: | | Pineapple |
| Vegetarian/Ham/Ham & Corn | | Warm Chicken Wrap with Salad |
| Sausage Roll | Chilli Sauce | Cheese extra |
| Meat Pie | Mayonnaise | |
| Party Pie | Chilli & Mayonnaise | |
| Sauce | | |

Ice Cream

| | |
|------------------------|------|
| Ice Cup | .50 |
| Pineapple Rings | .40 |
| Juicy | 1.20 |
| Slushy | 1.80 |
| Vanilla Ice cream cup | 1.50 |
| Brownes Yoghurt | 2.00 |
| Frozen Oranges | .30 |
| Paddle Pop | 1.60 |

Drinks

| | |
|--|------|
| Plain Milk | 1.20 |
| Choc Milk | 2.20 |
| Pink Milk | 2.20 |
| Orange, Tropical, Apple Nudie Juice | 1.80 |
| Water | 1.50 |

Bags .10

Please Mark bags with: Child's Name, Class, Lunch Order & Value