

# Holy Rosary Canteen Winter Menu 2018

Products can change their ingredients without notice – to avoid this affecting your child please place any dietary requirements on lunch bag in BOLD RED PEN

Order online: [www.Quickcliq.com.au](http://www.Quickcliq.com.au)

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The canteen is very happy to be flexible with dietary needs.

## Celiac Safe Food

Products with preservatives and colouring that should be avoided

## Morning Recess

Honey Joys	.50	Cheesies	1.20	Pumpkin Scones	1.00
Pikelets	.50	Nachos	2.40	Mini Ham + Cheese Muffins	.50
Muffins (Home Made)	1.50	Goujons	.50	Ham Pizza	1.30
Brownes Yoghurt	2.10	Fruit	.90	Apple Slinky	1.10
Rice Bubble Slice	1.00	Swirls	1.00	Fish Nugget	.50
		Anzac Biscuits	.80	Veggie Bite	.80

## Lunch

Salads		Sandwiches		Toasted sandwiches	
Salad	4.90	<i>Wholemeal or no butter on request</i>		<i>Wholemeal on request</i>	
Salad with Tuna	5.50	Salad	3.30	Cheese	2.30
Salad with Goujons	5.50	Salad and Tuna	3.90	Cheese and Tomato	2.70
Salad with Ham	5.50	Salad and Eggs (Free Range)	3.90	Bake Beans (Homemade)	3.00
Salad with Chicken	5.50	Salad and Cheese	3.90	Ham	3.20
Salad with Fish	5.50	Salad and Chicken	3.90	Egg (Free Range)	3.20
Fruit Salad	3.70	Salad and Ham	3.90	Chicken	3.20
Fruit Salad and Ice Cream	4.90	<i>Without Salad</i>	-.80	Cheese and Chicken	3.70
Fruit Salad and Yoghurt	4.90	Vegetemite	1.50	Cheese and Ham	3.50
		Cheese	extra .60	Tuna and Cheese	3.50
<b>Hot Food Available Daily</b>		Beetroot	extra .60	Cheese, Ham and Tomato	3.70
Macaroni Cheese	3.70	Rolls	extra .60	Cheese or Mayonnaise	extra .60
Bolognaise Twirls	3.70	Pita Bread	extra .60	Tomato Soup and Dinner Roll	3.70
Ravioli	3.70	Boiled Eggs	.80	(available every day)	
Lasagne	3.70				
Baked Potato Any Filling	3.70				
Sauces (Chilli/ Yoghurt/ Sour Cream)	.60				
Salad extra	1.30				

## Meal Deals

Monday		Wednesday		Friday	
Teriyaki Chicken Meal with Rice	6.20	Large Hamburger & Salad	4.50	Pizza:	3.70
Sushi: Vegetarian/Chicken/Tuna	x4 4.90			Vegetarian	
	x6 6.20	Soup of the Week + Dinner Roll	4.50	Bacon Blitz	
Homemade Mini Quiche:	1.00	Announced weekly in previous week's newsletter		Pineapple	
Vegetarian/Ham/Ham & Corn				Fish Burger	4.50
Sausage Roll	2.00			Warm Chicken Wrap with Salad	4.50
Meat Pie	2.70			Cheese extra	.60
Party Pie	1.30				
Sauce	.30				

## Ice Cream

Ice Cup	.50
Pineapple Rings	.40
Juicy	1.30
Slushy	2.00
Vanilla Ice cream cup	1.50
Brownes Yoghurt	2.10
Frozen Oranges	.30
Paddle Pop	1.80
Frozen Yoghurt	2.30

## Drinks

Plain Milk	1.20
Choc Milk	2.30
Pink Milk	2.30
Orange, Tropical, Apple Nudie Juice	1.90
Water	1.50

Bags .10

Please Mark bags with: Child's Name, Class, Lunch Order & Value