



MORNING RECESS

| | |
|-----------------------------------|------|
| Honey Joys | .50 |
| Pikelets | .50 |
| Muffins (Homemade) | 1.50 |
| Brownies Yoghurt | 2.10 |
| Rice Bubbles Slice | 1.00 |
| Apple, Carrot, Choc Chip Biscuits | 1.00 |
| Cheesies | 1.20 |
| Nachos | 2.40 |
| Goujons | .50 |
| Fruit | .90 |
| Swirls | 1.00 |
| Pumpkins Scones | 1.00 |
| Mini Ham & Cheese Muffins | .50 |
| Ham Pizza | 1.30 |
| Fish Nugget | .50 |
| Veggie Sticks & Dip | 2.00 |
| Apple Slinky | 1.10 |
| Anzac Biscuits | .80 |
| Healthy Choc Coconut Bliss balls | .80 |

ICE CREAM

| | |
|-----------------------|------|
| Ice Cup | .50 |
| Pineapple Rings | .40 |
| Juicy | 1.30 |
| Slushy | 2.00 |
| Vanilla Ice Cream Cup | 1.50 |
| Brownies Yoghurt | 2.10 |
| Frozen Oranges | .30 |
| Paddle Pop | 1.80 |
| Froyo | 2.30 |

DRINKS

| | |
|-----------------------------------|------|
| Plain Milk | 1.20 |
| Choc Milk | 2.30 |
| Pink Milk | 2.30 |
| Orange/Tropical/Apple Nudie Juice | 1.90 |
| Water | 1.50 |

Celiac Safe Food

Products with preservatives and colouring that should be avoided

LUNCH

| | |
|---|------|
| Salads: | |
| Salad | 4.90 |
| Salad with Tuna | 5.50 |
| Salad with Goujons | 5.50 |
| Salad with Ham | 5.50 |
| Salad with Chicken | 5.50 |
| Salad with Fish | 5.50 |
| Fruit Salad | 3.70 |
| Fruit Salad & Ice Cream | 4.90 |
| Fruit Salad & Yoghurt | 4.90 |
| Sandwiches (Wholemeal/no butter on request) | |
| Salad | 3.30 |
| Salad & Tuna | 3.90 |
| Salad & Free Range Eggs | 3.90 |
| Salad & Cheese | 3.90 |
| Salad & Chicken | 3.90 |
| Salad & Ham | 3.90 |
| Without salad | -.80 |
| Vegetemite | 1.50 |
| Extras: | |
| Cheese | .60 |
| Beetroot | .60 |
| Rolls | .60 |
| Pita Bread (Homemade) | .60 |
| Gluten Free Bread | .60 |
| Boiled Eggs | .60 |
| Toasted Sandwiches (Wholemeal on request) | |
| Cheese | 2.30 |
| Cheese & Tomato | 2.70 |
| Baked Beans (Homemade) | 3.00 |
| Ham | 3.20 |
| Free Range Egg | 3.20 |
| Chicken | 3.20 |
| Cheese & Chicken | 3.70 |
| Cheese & Ham | 3.50 |
| Tuna & Cheese | 3.50 |
| Cheese, Ham & Tomato | 3.70 |
| Extras: | |
| Cheese or Mayo | .60 |
| Hot Foods: | |
| Macaroni Cheese | 3.70 |
| Bolognaise Twirls | 3.70 |
| Ravioli | 3.70 |
| Lasagne | 3.70 |
| Baked Potato (any filling) | 3.70 |
| Egg & Ham Tartlets | 2.00 |
| Salad extra | 1.30 |
| Sauces (Chilli/Yoghurt/Sour Cream) | .60 |

MEAL DEALS

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|-----------------------------------|------|
| Monday: | |
| Teriyaki Chicken Meal with Rice | 6.20 |
| Sushi: | |
| (Vegetarian/Chicken/Tuna) x 4 | 4.90 |
| x 6 | 6.20 |
| Homemade Mini Quiche: | |
| Vegetarian/Ham/Ham & Corn | 1.00 |
| Sausage Roll | 2.00 |
| Meat Pie | 2.70 |
| Party Pie | 1.30 |
| Sauce | .30 |
| Wednesday: | |
| Large Hamburger & Salad | 4.50 |
| Soup of the Week & Dinner Roll | 4.50 |
| (check previous weeks newsletter) | |
| Friday: | |
| Pizza: | |
| Vegetarian/Bacon Blitz/Pineapple | 3.70 |
| Warm Chicken Wrap & Salad | 4.50 |
| Extra cheese | .60 |
| Fish Burger | 4.50 |
| Warm Chicken Wrap & Salad | 4.50 |

Please mark bags with Child's Name, Class, Lunch Order and Value

Leanna Wightman 0414 953 958

The Canteen is very happy to be flexible with dietary needs